



**CDC DANCE**

**Dance:** Sunday Nights  
7:15pm - 9:30pm  
**Location:** Starlite Ballroom  
5720 Guion Rd, Indianapolis  
**Beginner Lesson:**  
6 - 7pm Small Ballroom  
**Intermediate Lesson:**  
6 - 7pm Large Ballroom

**ADMISSION**

Members.....\$10  
Non-Members..... \$15  
Non-Dancing Guest  
or Member.....\$5  
Ages 18 to 25 with ID.....\$5  
Annual Membership.....\$25

**PHOTOS AND VIDEOS**

Photos and videos are frequently taken at Club events. Your presence indicates your willingness to be a part of Club activities including photos and videos, which may include you.

**CLUB INFORMATION**

Address:  
Continental Dance Club  
c/o Starlite Ballroom  
5720 Guion Rd.  
Indianapolis, IN  
  
www.continentaldanceclub-indy.com  
continentaldanceclubindy1955@gmail.com

**INCLEMENT WEATHER**

**Dance Cancellation Policy**  
Cancelling a dance due to hazardous weather will be made by 3:00pm. Check our Facebook page **Continental Dance Club – Indianapolis**

**Words from the President**

Happy New Year, Continental Dance Club!

2024 is going to be a great year with more Surprise Sundays along with the Special Sundays. I heard Santa Claus made an appearance at the Holiday Party in December. I'm sure fun was had by all.

We wrapped up 2023 with lessons on Latin dances. A great way to warm up after coming in from the cold. Thanks to Cary Pettit and Markus Ilo for teaching the intermediate lessons. For the beginner lessons, shout out to Dave and Sue Berard and new (to the back) instructors Will and Terri Clark.



Join us on January 7<sup>th</sup> to celebrate "A New Beginning". A great way to start off the year with the Continental Dance Club. Our other Special Sunday in January is the 21<sup>st</sup> which is a Snowball Dance. Wear your white and do the Snowflake Shake with a snowman that won't melt.

This month, Markus Ilo will be teaching intermediate Waltz and Ben Davis will be teaching Waltz to the beginners. This is one of my favorite dances. As a friend referenced it when he leads, it is his job to ensure that the follow feels as if she is floating like a butterfly.

I am honored to lead this club in 2024. Thank you to the Board for electing me to serve as President. Welcome to Phyllis Bush and Rudy Schwenk as new Board members. Rudy is our Treasurer and Phyllis is our Vice-President along with the Newsletter committee chair. Susan Crawley is our Secretary, Dave Berard is our Membership committee chair, Marilyn Sutherlin is our Special Sundays/Indiana Roof/Indiana State Fair committee chair, Dorothy Hughes is our DJ/Bands committee chair, and Pearl Spinner is our Dance Instructor committee chair. Many thanks to Marilyn Cloutier and Tom Moore for their service to the Continental Dance Club.

Any New Year's resolutions? If you do, I certainly hope it is to be a part of this club in 2024!

Jane

### CDC LESSON INFORMATION - lessons from 6 to 7pm



In January **Markus Ilo** will teach Waltz. Markus has been trained by some of the world's top dance coaches. He has participated in and won many major dance competitions. Although youthful, Markus has been teaching and training students for over two years. He has trained numerous students who have been awarded "gold medals" in several competitions.

**Ben Davis** will teach in the small ballroom.

We thank last month's professional instructor **Cary Pettit** for teaching Latin dances. And also thanks to our member volunteers **Dave & Sue Berard** or **Will & Terri Clark** for teaching our beginning dancers.

*With paid admission, beginner lessons are **free** and intermediate lessons are an additional **\$5.00**. Please, no video recording of the lesson without permission of the instructor.*



Hannigans

**Welcome!!**  
to new members in  
**December:**  
Elaine Hannigan  
John Hannigan  
Terry Holding  
Millie Reade  
Katerina Tori

Millie



## Continental Dance Club



Sunday

January 7

Join us as we begin the year with a variety of great music, dance lessons, and always a fun time with new friends.

See you on the best dance floor in town!



### ELECTION RESULTS

Congratulations to the 4 members elected to serve on the Board of Directors: Phyllis Bush, Dorothy Hughes, Rudy Schwenk, and Marilyn Sutherlin. Their 2 year terms are for 2024-2025.

## Dances in the Area

**ABC Ballroom** in Noblesville Most Fridays, check website for confirmation Lesson 7:30-8:15, Dancing 8:30-10:00 pm, \$20 all

**Any Swing Goes** at Starlite, Fri. **Jan 5** and **19**, Lesson 6:45, Dancing 7:30-10 pm, \$10, no partner needed, DJ Cary Pettit

**Aurelia Dance Studio** in Westfield, Friday Parties **Jan 5** and **19**, 7:30 to 9, \$15. No partner needed.

**Charlotte's Greenwood Dance** Fri. **Jan 12**, 7-9:30, \$10, no partner needed at MJ Ballroom. Music mix of Swing, Ballroom, NC2, Country, and Line Dance. DJ Monica McClurg

**Heartland USA Dance** at Carmel Ballroom Sat. **Jan 13** Theme: Disco Ball, Hustle Lesson with Monica McClurg, 7-10pm, \$10 members, \$15 non-members

**Indy Dancers** Sat **Jan 6** Pop, Blues, & Swing Party, 7pm Rumba lesson, 7:30 Dance at Greenwood Moose, Admission \$10 for members, \$15 nonmembers. Wed **Jan 17**, 7pm, at Eastside Moose. Admission \$5 Music by DJs Don and Rhonda for both dates.

**Indianapolis Senior (IS) Dance** Wednesdays 1 to 3:30pm at MJ Ballroom, Greenwood \$10, Monica McClurg, professional instructor and DJ

**North Side Social Dance** Sat. **Jan 27**, 7 to 9:30pm at Carmel Ballroom, \$10, no partner needed. More details on Facebook at North Side Social Dance of Indianapolis.

**Starlight Ballroom** Markus Ilo teaching Sat. **Jan 13, 20, 27**, 6:30-8pm, Group lesson, Social Dance for \$15.

## Dance Websites

- [www.abcballroom.net](http://www.abcballroom.net)
- [www.andersonparamount.org](http://www.andersonparamount.org)
- [www.aureliadancestudio.com](http://www.aureliadancestudio.com)
- [www.carmelballroomdance.com](http://www.carmelballroomdance.com)
- [www.indianapolisdancelessons.com](http://www.indianapolisdancelessons.com)
- [www.indydancers.com](http://www.indydancers.com)
- [www.MJBallroom.com](http://www.MJBallroom.com)
- [www.purdueballroom.org](http://www.purdueballroom.org)
- [www.usadance.org/USADanceChapters](http://www.usadance.org/USADanceChapters)

Music Makers:	
Jan 7	Monica
Jan 14	Roger
Jan 21	Cary
Jan 28	Cary

## Continental Dance Club Board of Directors

Jane Lozano Owens, President	317-416-3865
Phyllis Bush, Vice President	317-873-9022
Susan Crawley, Secretary	317-946-7756
Rudy Schwenk, Treasurer	317-297-4558
Dave Berard	317-462-9681
Dorothy Hughes	765-237-7652
Pearl Spinner	317-903-5129
Marilyn Sutherlin	317-441-5002

Newsletter Editor	Diane Rice
Web Master	Jane Lozano Owens

**Put your ad in the CDC Newsletter!**

**It's emailed to more than 400!!**



<b>Full page</b>	<b>\$25.00</b>
<b>Half page</b>	<b>\$15.00</b>
<b>Quarter page</b>	<b>\$10.00</b>

Deadline is 20th of each month.

Send as.jpg via email to [ladydi7560@yahoo.com](mailto:ladydi7560@yahoo.com)



**2024 CDC Events Calendar**

Jan 7	A New Beginning
Jan 21	Snowball Dance
Feb 4	Sweetheart Dance
Feb 11	Super Bowl Party
Mar 17	Puttin' on the Green
Apr 21	Spring Fling
May 5	Derby Day
May 26	Black & White Dance
Jun 30	Red, White, & Blue
Jul 21	Disco Fever
Aug 11	Homecoming at the Roof
Aug 18	State Fair Dancing
Sep 1	Board Nominations for 2025-26
Sep 22	Great Gatsby Party
Oct 6	Board Nominations for 2025-26
Oct 27	Halloween
Nov 3	Board Nominations for 2025-26
Nov 17	Sadie Hawkins
Dec 15	Kris Kringle Dance



**AUDITIONS FOR THE CONTINETTES**  
**Have fun and keep in shape**  
 by joining our  
 "Rockette-Style" dance group.

*We perform for seniors, civic events and various segments of the community.*

The group is planning to add ladies with the following qualifications:

- \* Is a member of Continental Dance Club (or upon acceptance)
  - \*Is at least 50 years of age
  - \*Is enthusiastic and energetic
  - \*Has a love of dance
  - \* Enjoys performing
  - \* Knows basic dance steps
- \* Is able to attend Monday evening practices 6:30 PM to 8:30 PM

*We are now registering interested ladies for our workshop and auditions to be held on Monday, January 8, 2024 from 6:30 PM to 8:30 PM.*

*For more information and/or to register, please contact:*

Myrna Sommers, Artistic Director  
 317-979-1983  
 mjsommers@sbcglobal.net

or  
 Bess Dworski, Dance Director  
 317-786-6597  
 denbess@att.net



**FACEBOOK**

Look for CDC public Facebook page! Find "Continental Dance Club – Indianapolis" and join! If you have photos and videos from a CDC dance, share them with the group. Contact Jane Lozano Owens or Dorothy Hughes if you have questions.

**NEW MEMBER PROFILE -**

**PATTY AND CHARLIE HANOVER**



When Patty met Charlie, they were both students at Purdue. First to graduate, Charlie worked for a couple of years in Indianapolis and Ft. Wayne; after Patty finished school, the couple found jobs together and moved to Carmel.

An electrical and biomedical engineer, Charlie originally worked for companies that were developing electronics for Delco. Redefining himself, he then worked in the biomedical field until retiring in 2018. Patty worked for Lilly for 37 years doing pharmaceutical research, retiring in 2017.

As "retirees," the Hanovers are busy with friends, kids/grandkids, and volunteering in a variety of places. Active in their church, they play bells in the choir and serve on several committees.

On the board of local community theater group Carmel Community Players, Charlie builds sets and helps behind the scenes producing plays. He drives the van for the local senior community center, taking seniors to their appointments. Active with the TriMedx Foundation (the philanthropic arm of his former biomedical employer), Charlie spends several weeks each year at their U.S. centers testing and repairing medical equipment to be distributed to hospitals in third world countries. In April, Charlie will travel to Kenya to repair equipment at two hospitals there.

Patty volunteers extensively at church, serving on the Personnel committee and the Nominating Committee. She is responsible for the church's member database and schedules activities in the building. During income tax season, Patty volunteers with AARP, helping seniors and low income

individuals prepare their tax returns.

With both time and energy to take to the road and the skies, the Hanovers take two major trips a year - one international and one driving trip around the U.S. In March they ski with friends in Colorado. In spring, summer, and fall, most weekends are spent at their Tippecanoe lake house, where Patty loves to cook and entertain, sharing "their lake" with kids, family, and friends. Charlie loves driving the boat, photograph, and heading out for bicycle trips.

With their two children married and living locally (Fishers and Westfield), Charlie and Patty get to see their grandkids quite often, in fact babysitting once a week for their son's children. Everyone has a busy schedule, but these grandparents make staying close to their kids/grandkids their most important hobby. Just a few weeks ago, they took everyone to the circus. Conner Prairie's Merry Christmas event is another outing to enjoy with the young'uns.

Almost twenty years ago, Patty and Charlie began taking dance lessons at Arthur Murray in preparation for their daughter's wedding. Realizing this was something they really enjoyed doing together, they've taken lessons off-and-on at the Carmel Monon Center. Then, around three years ago, deciding they wanted to get better, they started lessons at La Danse. Now "hooked", the couple dances at the Indiana Roof year-round, and joined Continental so as to have the opportunity to practice more often. They really enjoyed the Starlite New Year's Eve dance last year and are planning to go again this year.

The Hanovers really enjoy doing the swing - so fun, active, and versatile. (The swing is the go-to dance at weddings and at Purdue's annual Boiler-maker Ball, Patty notes). The pair is starting to get comfortable enough with some of the other dances. "With us," Patty confesses, "it takes a long time to get anything new into our muscle memory!"

- by Rhoda Israelov



December birthdays:

L to R: Marie, Jeannie, Ben, Dave, Marilyn, Becky, Sonny, Troy, and Don

# HOLIDAY PARTY



### MY CDC TRACY BENSON



Aside from a brief sojourn in Germany and a couple of years in Aurora, Colorado while on active Army duty, Tracy Benson has spent most of her life in Indiana. Retired from the National Guard in 2010, Tracy now marks 38 years as a pharmacy technician, retiring in August of 2022 from the VA hospital in Indianapolis.

While continuing to work at the CVS pharmacy

in Brownsburg, Tracy began last May volunteering at the Indianapolis Zoo. She shares her home with pets Daisy, a nine-year-old Maltipoo, and Dylan, a six-year-old Papitese.

Ten years ago, Tracy began dancing, but after a hiatus of several years, began again at Five Star Dance Studio, performing in at least two showcases each year. Favorites are the smooth dances and the West Coast Swing.

She finds CDC to be very a very welcoming group, but wishes there were more men to dance with.....

- by Rhoda Israelov



### Mask Policy

The Marion County Health Department mask restrictions are as follows: If you have been **fully** vaccinated masks are no longer mandated. If you have chosen **not** to receive a vaccination the mask requirements are unchanged. CDC recommends if your dance partner is wearing a mask please consider doing the same out of courtesy.

# UGLY SWEATER PARTY



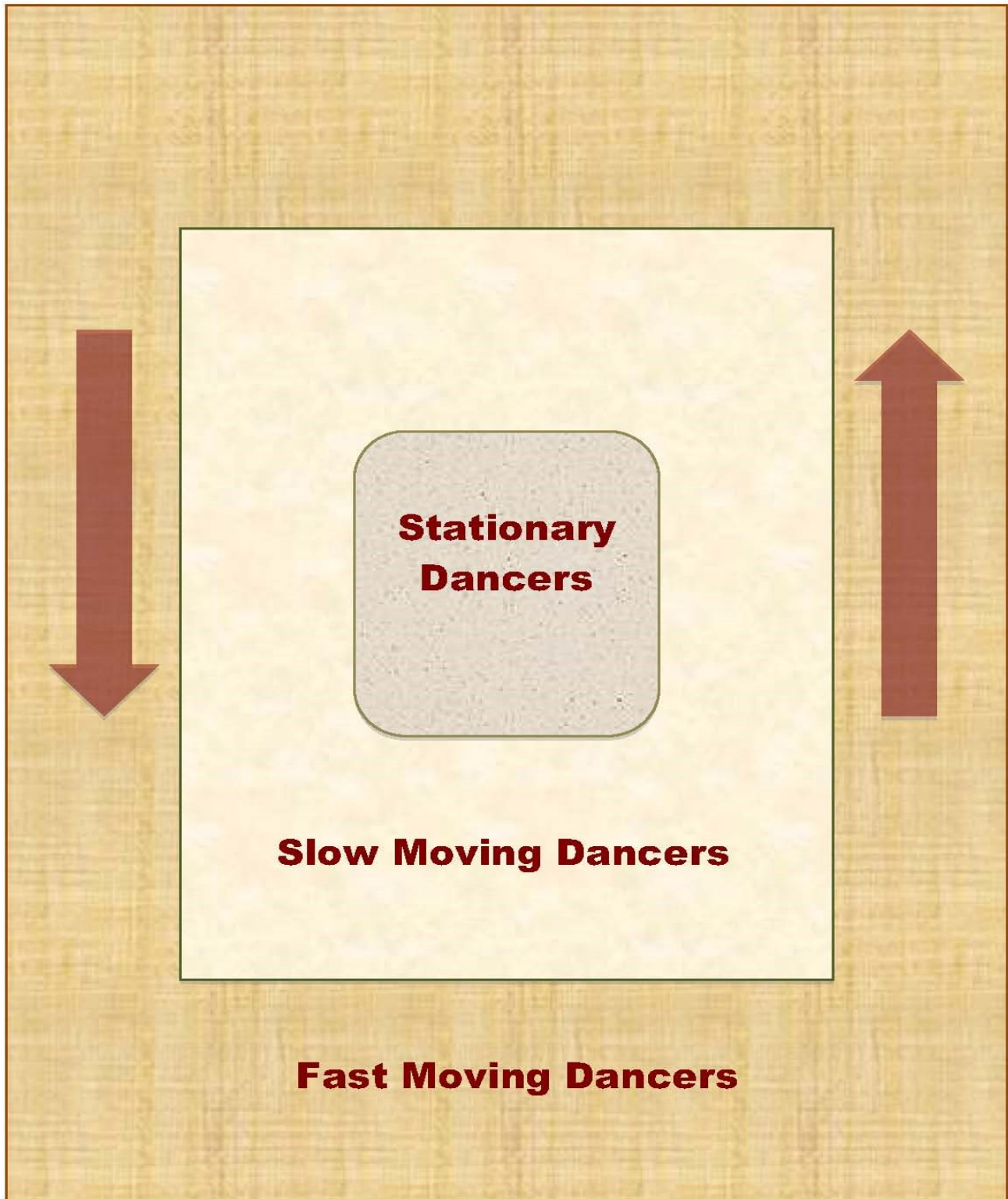


**CLUB RULES:** Membership may be terminated for the following reasons:

1. Using drugs, alcohol or other illegal substances at CDC events.
2. Dancing in a manner that puts the safety of others in jeopardy.
3. Displaying loud or aggressive behavior, or show disrespect of other members.
4. Ongoing inappropriate or suggestive dress.
5. Member is found to be under 18.

### **Dance Floor Etiquette**

1. Dance in the proper lanes as indicated by the diagram below.
2. Step off the dance floor to talk while dancing is going on.
3. Do not talk while someone is at the microphone, so everyone can hear.



Join Heartland on  
Saturday  
January 13, 2024



It's time to boogie  
the night away at  
Heartland's ultimate  
Disco "Ball"

Lesson at 7:00pm Hustle  
Instructor: Monica McClurg  
Social Dance from 8:00-10:00pm  
Carmel Ballroom: 111 Medical Drive, Carmel IN  
Members \$10; Non-members \$15; Students \$6

For more information  
call (317) 759-0171  
visit [www.usadance.org](http://www.usadance.org)



CONTINENTAL DANCE CLUB - - ANNUAL MEMBERSHIP DUES  
(PLEASE PRINT CLEARLY)

RENEWAL \_\_\_\_\_ NEW \_\_\_\_\_ UPDATE OF ADDRESS/PHONE/EMAIL \_\_\_\_\_ Annual dues are \$25.00

NAME(S) \_\_\_\_\_

STREET ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_

STATE \_\_\_\_\_ ZIP \_\_\_\_\_ PHONE \_\_\_\_\_

EMAIL ADDRESS \_\_\_\_\_

\*\*\*\*\*

*Information below is to be filled out by a Board Member or a Board Designee.*

Membership Number \_\_\_\_\_ / \_\_\_\_\_ Joined \_\_\_\_\_ / \_\_\_\_\_ Expiration Date \_\_\_\_\_ / \_\_\_\_\_

Amount Paid \_\_\_\_\_ Board Member/Designee \_\_\_\_\_ Date \_\_\_\_\_