



**CONTINENTAL  
DANCE  
CLUB**

# NEWSLETTER

## CDC DANCE

**Dance:** Sunday Nights  
7:15pm - 9:30pm  
**Location:** Starlite Ballroom  
5720 Guion Rd, Indianapolis  
**Beginner Lesson:**  
6 - 7pm Small Ballroom  
**Intermediate Lesson:**  
6 - 7pm Large Ballroom

## ADMISSION

Members.....\$10  
Non-Members..... \$15  
Non-Dancing Guest  
or Member.....\$5  
Ages 18 to 25 with ID.....\$5  
Annual Membership.....\$25

## PHOTOS AND VIDEOS

Photos and videos are frequently taken at Club events. Your presence indicates your willingness to be a part of Club activities including photos and videos, which may include you.

## CLUB INFORMATION

Address:  
Continental Dance Club  
c/o Starlite Ballroom  
5720 Guion Rd.  
Indianapolis, IN

[www.continentaldanceclub-indy.com](http://www.continentaldanceclub-indy.com)  
[continentaldanceclubindy1955@gmail.com](mailto:continentaldanceclubindy1955@gmail.com)

## INCLEMENT WEATHER

**Dance Cancellation Policy**  
Cancelling a dance due to hazardous weather will be made by 2:30pm. Check our Facebook page **Continental Dance Club – Indianapolis**

## Words from the President

Happy Spring dancers! The saying about the weather in Indiana has certainly been true – from a blizzard one day and then 60+ degree temperatures a few days later. Punxsutawney Phil predicted an early spring this year on Groundhog Day and I'm ready for that despite the groundhog getting it right about 40% of the time. The first day of spring is March 19<sup>th</sup> and I'm ready to say goodbye to winter.



Thank you to Rob Jenkins for teaching the East Coast Swing intermediate lesson. I was in the class and now I can do a move that I was struggling to do. Rob explained it in a way that was easy to understand – it's a fun move! Additional thanks to Rog and Amy Greenawalt and Mary Raver for teaching the beginners. It's wonderful to have our members in the back ballroom willing to teach as we all started out as beginners.

This month Ed Godby-Schwab and Diana Miller will teach the intermediate lesson in Rumba. Dave and Sue Berard are back from Florida and will be teaching the beginners.

Our special Sunday this month is related to St. Patrick's Day and as our Irish luck would have it; it's on the same day – March 17<sup>th</sup>. Wear your green lest ye be pinched! Fun fact: The color that people originally associated with St. Patrick was blue. Green was introduced to St. Patrick's festivities in the 18<sup>th</sup> century, when the shamrock became a national symbol.

Easter Sunday is March 31<sup>st</sup>. Yes, we will be dancing that night. There will be dances on all Sundays in 2024 with the exception of August 11<sup>th</sup> which is our Homecoming Dance at the Indiana Roof Ballroom.

The Board is working on a survey for our members. More information to come and it should be available this month. We want to hear from you!

I think we can all agree with this quote: "Life is better when you dance."

Jane

## CDC LESSON INFORMATION - lessons from 6 to 7pm



The March dance is Rumba and **Ed Godby-Schwab and Diana Miller** will teach the intermediate class. Ed has over 40 years of dance experience in several styles of dance, including ballroom, jazz, ballet, and modern. He currently teaches ballroom dancing as an Adjunct Professor at IUPUI with assistance from Diana. She discovered her love of dancing as a child. After taking classes from Ed, they formed the partnership *Let's Dance Indy* and teach together at various venues and dance clubs around the area. In addition to their 15 year teaching partnership, both Ed and Diana are independent dance instructors who offer private and group lessons at the Dance Center in LaPel, the Fishers YMCA, and several other facilities in Central Indiana including Noblesville Forest Park.

**Dave and Sue Berard** will teach beginners in the small ballroom.

We thank last month's professional instructor **Rob Jenkins** for teaching East Coast Swing. And also thanks to our member volunteers **Mary Raver** and **Roger/Amy Greenawalt** for teaching our beginning dancers.

*With paid admission, beginner lessons are free and intermediate lessons are an additional \$5.00. Please, no video recording of the lesson without permission of the instructor.*



**HAPPY  
ST. PATRICK'S  
DAY!**

Spelling corrections for last month:  
Katlin Beechler  
Paul Meyers

# Continental Dance Club

## Sunday, March 17

### “Putting on the Green” Party!

*“Wherever you go, whatever you do,  
may the luck of the Irish be there with you”*



Join us for fun, friends  
and great music keeping  
you on the dance floor!



*We're dishing up some  
Irish Stew at break*

**Welcome!!**  
to new members in  
**February, L to R:**

- Darlene Ball
- Audrey Carson
- Barbara Helt
- Joshua Jolly



## Dances in the Area

**ABC Ballroom** in Noblesville Most Fridays, check website for confirmation Lesson 7:30-8:15, Dancing 8:30-10:00 pm, \$20 all

**Any Swing Goes** at Starlite, Fri. **Mar 1 & 22**, Lesson 6:45, Dancing 7:30-10 pm, \$10, no partner needed, DJ Cary Pettit

**Aurelia Dance Studio** in Westfield, Friday Parties **Mar 8 & 22**, 7:30 to 9, \$15. No partner needed.

**Charlotte's Greenwood Dance** Fri. **Mar 8**, 7-9:30, \$10, no partner needed at MJ Ballroom. Music mix of Swing, Ballroom, NC2, Country, and Line Dance. DJ Monica McClurg

**Heartland USA Dance** at Carmel Ballroom Sat. **Mar 9** Theme: National Oreo Day, Foxtrot Lesson with Olga Cansino, 7-10pm, \$10 members, \$15 non-members

**Indy Dancers** Sat **Mar 2**, St Patrick's Party, 7pm Bole-ro lesson, 7:30 Dance at Greenwood Moose, Admission \$10 for members, \$15 nonmembers. Wed **Mar 6 & 20**, 7pm, at Eastside Moose. Music by DJs Don & Rhonda both dates.

**Indianapolis Senior (IS) Dance** Wednesdays 1 to 3:30pm at MJ Ballroom, Greenwood \$10, Monica McClurg, professional instructor and DJ

**North Side Social Dance** Sat. **Mar 23**, 7 to 9:30pm at Carmel Ballroom, \$10, no partner needed. More details on Facebook at North Side Social Dance of Indianapolis.

**Starlite Ballroom** Markus Ilo teaching group class all Tues 7:30-9pm with party after. Sat nights social 7-9, group lesson included for \$15.

## Dance Websites

- [www.abcballroom.net](http://www.abcballroom.net)
- [www.andersonparamount.org](http://www.andersonparamount.org)
- [www.aureliadancestudio.com](http://www.aureliadancestudio.com)
- [www.carmelballroomdance.com](http://www.carmelballroomdance.com)
- [www.indianapolisdancelessons.com](http://www.indianapolisdancelessons.com)
- [www.indydancers.com](http://www.indydancers.com)
- [www.MJBallroom.com](http://www.MJBallroom.com)
- [www.purdueballroom.org](http://www.purdueballroom.org)
- [www.usadance.org/USADanceChapters](http://www.usadance.org/USADanceChapters)

### Music Makers:

Mar 3	Monica McClurg
Mar 10	Larry Gogel
Mar 17	Cary Pettit
Mar 24	Cary Pettit
Mar 31	Roger Greenawalt

## Continental Dance Club Board of Directors

Jane Owens, President	317-416-3865
Phyllis Bush, Vice President	317-873-9022
Susan Crawley, Secretary	317-946-7756
Rudy Schwenk, Treasurer	317-297-4558
Dave Berard	317-462-9681
Dorothy Hughes	765-237-7652
Pearl Spinner	317-903-5129
Marilyn Sutherlin	317-441-5002

Newsletter Editor	Diane Rice
Web Master	Jane Owens

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**Full page \$25.00**

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Deadline is 20th of each month.

Send as.jpg via email to [ladydi7560@yahoo.com](mailto:ladydi7560@yahoo.com)

**NEW MEMBER PROFILE -**

**Mary Jo Rogers**



A resident of Indiana for the past fifteen years, Mary Jo Rogers grew up in Genoa, deep in the Finger Lakes area of New York State. At the Rochester Institute of Technology, Mary Jo met her husband, Don, moving with him to Spartanburg, South Carolina, where he was working as a packaging engineer. With a degree in printing management, Mary Jo set up a plate department using new technology at a bag company. When the couple later moved to Cedar Rapids, Iowa, Mary Jo at first went to work at a small print shop, later going to work creating phone books for a small telephone company (that, after many name changes, became Yellow Book). With a two year break when the couple moved here to Indy in 2008, Mary Jo stayed with that company for thirty years, retiring in 2017. A travel buff, by the year 2000, Mary Jo had made it to all 50 states (visiting Alaska and Rhode Island in the same month). Unfortunately, orthopedic issues have kept her

from previous hobbies such as white water and sea kayaking, cross country and telemark skiing, hiking and scuba diving. Suffering from neuropathy for the past five years, she has undergone surgery for spinal stenosis.

Dancing has helped her with balance issues, Mary Jo confides, and, while she has needed to relearn a few things, she has made great strides. At Arthur Murray in Carmel, she takes 3-4 private lessons and attends at least three group classes each week. Performing in Arthur Murray showcases with her instructors Mike DeSante and Cameron Dougherty in June and November, for the past three years she added the Ft. Wayne showcase; last year she also did the Louisville showcase. With ten dances checkout out through Bronze, Mary Joe is working to get her Silver 1 patterns down pat.

Ever since their first cruise, when Mary Jo and her husband, watching the graceful veteran dancers, said to themselves - "We want to dance like that!" she has pursued the dream. With waltz as her favorite, our new member enjoys all the smooth dances. Continental Dance Club, she says, "gives us an extra night of dancing and we enjoy making friendships through dance."

- by Rhoda Israelov

**2024 CDC Events Calendar**

- Mar 17 Puttin' on the Green
- Apr 21 Spring Fling
- May 5 Derby Day
- May 26 Black & White Dance
- Jun 30 Red, White, & Blue
- Jul 21 Disco Fever
- Aug 11 Homecoming at the Roof
- Aug 18 State Fair Dancing
- Sep 1 Board Nominations for 2025-26
- Sep 22 Great Gatsby Party
- Oct 6 Board Nominations for 2025-26
- Oct 27 Halloween
- Nov 3 Board Nominations for 2025-26
- Nov 17 Sadie Hawkins
- Dec 1 Elections for Board of Directors
- Dec 15 Kris Kringle Dance



Sweetheart Party peeps ^  
Rob and Molly ECS lesson >  
Rob and Barb ECS performance>



February birthdays:  
L to R: Glenn, Carl



**FACEBOOK**

Look for CDC public Facebook page! Find "Continental Dance Club – Indianapolis" and join! If you have photos and videos from a CDC dance, share them with the group. Contact Jane Owens or Dorothy Hughes if you have questions.



**MY CDC** Ben and Alexis Davis



One Sunday evening in May of 2013, Ben Davis recalls, he and Connie Hatheril were teaching beginning rumba in Starlite's back room. Enter Alexis McCall. Afterwards, seated in the main ballroom with Dave Hinderlter and girlfriend Yvonne, Connie and Ben invited their new student

Alexis to sit with them. Watching Roger and Amy dancing the waltz, Alexis exclaimed! "I want to dance like her!" Realizing that "dancing like her" would require a good partner, she asked Ben to dance. (Thinking back, Ben isn't sure if that's the way things came down or if he just volunteered...)

Alexis and Ben Davis, now residing in the Irvington area of Indy's east side, have been married going on six years. While their reign was cut short by COVID-19, they have the distinction of being the

last King and Queen of our Continental Dance Club.

The dance story continues... Since that fateful first back room lesson, the couple has performed in many exhibitions, plus several at the Indiana Roof representing CDC. In addition, they've performed at nursing homes, women's prisons, high school reunions -- "You name it," Ben says, "we have probably performed for it." The couple has enjoyed some success in USA Dance and NDCA dance competitions as well.

The Davis duo continues to practice their respective professions - Alexis as a clinician in the crisis center of Eskenazi hospital and Ben as a general dentist. With eleven grandchildren between them, they are kept quite busy. Yet they can be found most Sunday evenings dancing at Starlite with their Continental friends. In fact, Ben and Alexis assert, their plan is to continue dancing as long as their feet can keep moving to the beat.

- as told to Rhoda Israelov



**Introducing DJ Larry Gogel**

Larry Gogel, a seasoned ballroom dancer, will audition as a DJ for CDC at our dance on Sunday, March 10th. Larry has DJ'd for ballroom studio dances at Riolo Dance, Carmel Ballroom and occasionally for Heartland USA Dance. He has been dancing ballroom for 29 years as well as competing and performing exhibitions. He has an extensive collection of music for tastes and styles from American Smooth and Rhythm to International Standard and Latin, and Country and West Coast Swing.

Let's give him a warm CDC welcome on Sunday, March 10th!

**Mask Policy**

The Marion County Health Department mask restrictions are as follows: If you have been **fully** vaccinated masks are no longer mandated. If you have chosen **not** to receive a vaccination the mask requirements are unchanged. CDC recommends if your dance partner is wearing a mask please consider doing the same out of courtesy.

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# SUPER BOWL PARTY



Activity in the small ballroom above

And below in the main ballroom....



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# MARCH EVENTS

FOR MORE INFO, EMAIL:  
KIM@BROWNSBURGBALLROOM.COM

# Salsa

WORKSHOP & PARTY  
WITH KYLE CULMANN

**FRIDAY, MARCH 1ST**  
6:00-9:00PM  
\$25 MEMBER / \$35 GUEST

# FLEA Market!

**MARCH 16TH**  
9AM-2.30PM

Brownsburg Ballroom Dance Studio  
1650 E. Northfield Dr., Suite 400  
Vendors: Rent space for \$20!  
Email kim@brownsburgballroom.com

## Character Heels Workshop

w/ Arianna Brown

March 20th, 5:30-6:30pm

Move like you are on Center Stage in this Broadway Style Class  
Ages 13+, \$25 Guest / \$15 Member

## Stiletto

w/ Arianna Brown

March 20, 7:00-8:00pm

This beginner class will boost your confidence while you rock it out in your favorite heels. Ages 16+  
\$25 Guest / \$15 Member

Brownsburg Ballroom Dance Studio  
Mini Showcase & Open Dance  
March 24th, 6:30-8:30pm  
\$20 Guests/\$15 Members

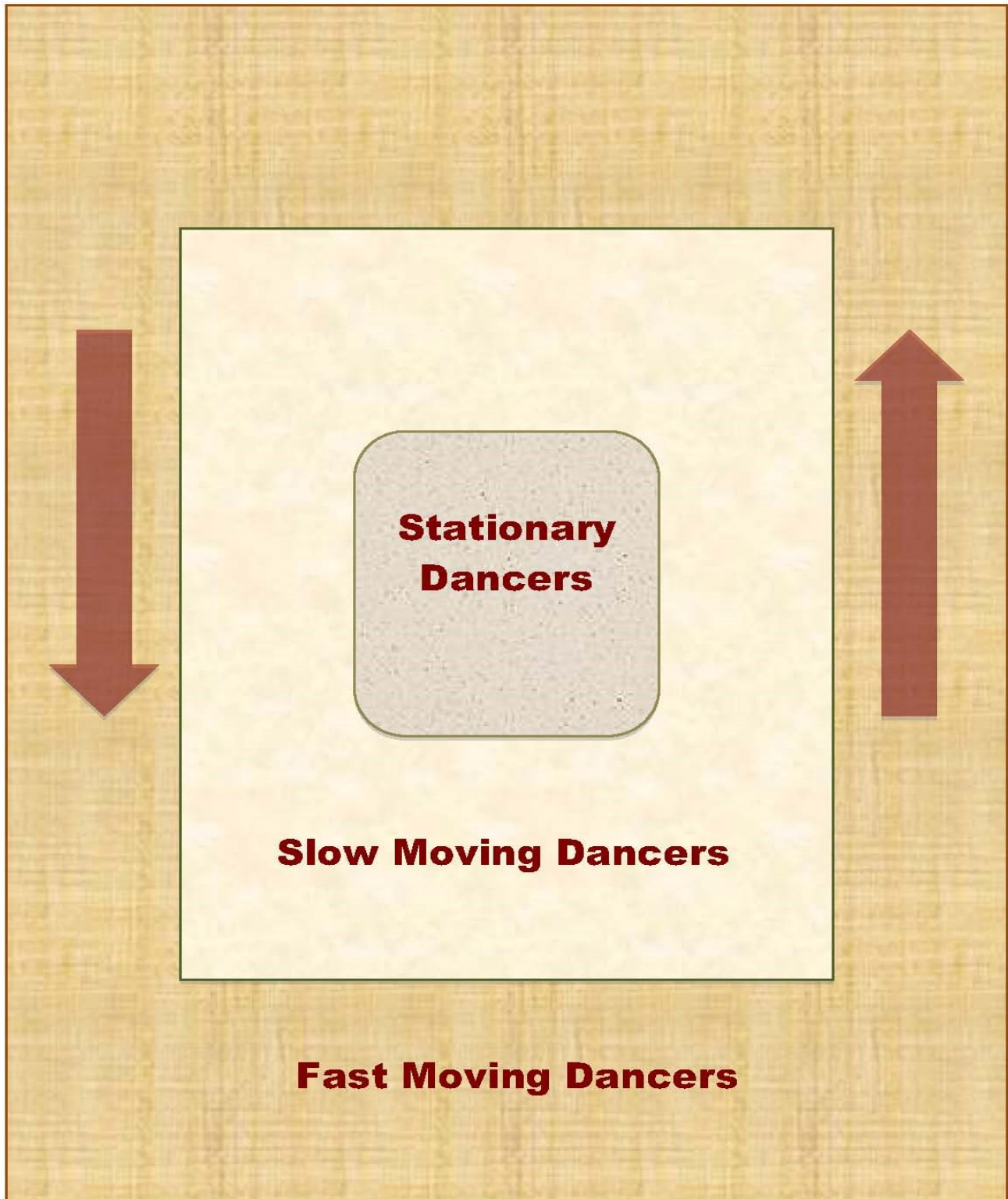
# Bunny Hop!

**CLUB RULES:** Membership may be terminated for the following reasons:

1. Using drugs, alcohol or other illegal substances at CDC events.
2. Dancing in a manner that puts the safety of others in jeopardy.
3. Displaying loud or aggressive behavior, or show disrespect of other members.
4. Ongoing inappropriate or suggestive dress.
5. Member is found to be under 18.

**Dance Floor Etiquette**

1. Dance in the proper lanes as indicated by the diagram below.
2. Step off the dance floor to talk while dancing is going on.
3. Do not talk while someone is at the microphone, so everyone can hear.





# Join Heartland on Saturday March 9, 2023

## Theme: National Oreo Day



Wear black and white to belatedly celebrate "National Oreo Day" and enjoy some sweet treats.

Foxtrot Lesson at 7:00pm  
 Instructor: Olga Cansino  
 Social Dance from 8:00-10:00pm  
 Carmel Ballroom:  
 111 Medical Drive,  
 Carmel IN  
 Members \$10;  
 Non-members \$15; Students \$6



For more information  
 call (317) 759-0171 or visit  
[www.usadance.org](http://www.usadance.org)



### CONTINENTAL DANCE CLUB - - ANNUAL MEMBERSHIP DUES

(PLEASE PRINT CLEARLY)

RENEWAL \_\_\_\_\_ NEW \_\_\_\_\_ UPDATE OF ADDRESS/PHONE/EMAIL \_\_\_\_\_ Annual dues are \$25.00

NAME(S) \_\_\_\_\_

STREET ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_

STATE \_\_\_\_\_ ZIP \_\_\_\_\_ PHONE \_\_\_\_\_

EMAIL ADDRESS \_\_\_\_\_

\*\*\*\*\*  
*Information below is to be filled out by a Board Member or a Board Designee.*

Membership Number \_\_\_\_\_ / \_\_\_\_\_ Joined \_\_\_\_\_ / \_\_\_\_\_ Expiration Date \_\_\_\_\_ / \_\_\_\_\_

Amount Paid \_\_\_\_\_ Board Member/Designee \_\_\_\_\_ Date \_\_\_\_\_