

**CELEBRATING THE USA** - In *Only In America* THE CONTINETTES dance to lively music and wonderful lyrics which praise this land of dreams and opportunities.



## OUR GOAL

Bringing entertainment to others is important to each of us. But even dearer to our hearts is the opportunity to bring entertainment to the elderly, especially those in confined areas who are unable to go out-and-about. We love to do programs for the Rehabilitation, Assisted Living & Retirement Communities, Hospitals, Service Clubs, Church Clubs, Schools and Community Events.



## OUR MISSION STATEMENT

THE CONTINETTES is a dance group of talented ladies dedicated to sharing their enjoyment and love of dancing by performing chorus-line dancing to various segments of the community.

## To Contact Us:

**THE CONTINETTES**  
Chorus-Line Dancing Group

Myrna Sommers, Artistic Director  
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or

Bess Dworski, Dance Director

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or

\*Stephanie Wright,

Resident Choreographer

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or

\*Monica Lung McClurg

Resident Choreographer

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www.MJBallroom.com

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12-14-22  
mjs



emanated from the  
CONTINENTAL DANCE CLUB

[www.continentaldanceclub-indy.com](http://www.continentaldanceclub-indy.com)

## The Dancers

Carol Beverley  
Mary Sue DeLauter  
Bess Dworski  
Jane Farber  
Barbara Moore  
Barbara Newsom  
Anita Pearson  
Myrna Sommers  
Pearl Spinner  
\*Stephanie Wright

**Sound Technician:** Dennis Dworski

## ABOUT OUR FEE

As a community service and as an outreach program, we do not charge for our services. However, we will accept donations. They are used for some of the expenses we have for costumes and coaching fees when we are learning new routines.

*HAVING SOME FUN*-Featuring feather boas in a routine from "Sweet Charity" Hey! Big Spender! At the Indianapolis Open DanceSport Competition, Indpls, IN You may check out our award winning formation on: [www.dancingvideos.dance](http://www.dancingvideos.dance)



## CONTINETTES HISTORY

Inspired by a group of ladies called the "Dancin Grannies" who did exercises to music and were in great shape for their golden years, our own group was formed in September of 1991. Today, ten ladies perform **Rockettes-style** dancing to popular show tunes. These ladies really share their love of dance through creative costumes and intricate routines. A pre-requisite for our dance group is to be a member of the Continental Dance Club.

# NOW AVAILABLE TO DANCE FOR YOUR GROUP OR PARTY

## OUR SELECTED ROUTINES

### PROGRAM TAILORED FOR YOU

**O**ur average program is designed to run between 45 minutes to 1 hour in length. We will perform two or three Rockettes-style dance routines to popular show tunes. To round out the program, selected individual dance couples are from the Continental Dance Club. They will dance their ballroom routines while the ladies are changing costumes. We will tailor a program to suit the needs of your facility, care level or event.

**“FEVER”**, is a tribute to LUIGI, an American Jazz dancer, choreographer, teacher, and innovator, who is best known for creating the Jazz exercise technique and **5,6,7,8.**



**BROADWAY MUSICAL** - A routine featuring *Cabaret* is an exciting, fast-paced number characterized by glitz and glamour of the bygone nite club era.



**ILLUSION POLKA** - You can't believe your eyes when we wear black & white costumes and dance the polka together, creating an optical illusion with hilarious results.



**HOLIDAY MEDLEYS** - Brighten your holiday gatherings with these routines: See the *Parade of the Wooden Soldiers* and watch them come alive to *Santa Claus Is Coming To Town*; Glide with us into a *Winter Wonderland* and watch us welcome the jolly old guy in *Here Comes Santa Claus*. Celebrate the season as we dance to *It's That Time of Year*, *Santa Baby!*, *It's a Marshmallow World* and *Run! Run! Rudolph!*



**Dancing “ONE”** from “Chorus Line” earned us the “Teams Judges Choice” at Paramount Theatre’s “2022” “Dancing Like the Stars”. Anderson, IN



**ROARING 20'S** - The music and rhythms of “The Big-Band” era come alive as *THE CONTINETTES* jump and jive to *Sing, Sing Sing* and *In the Mood*.

